Millook

GR; 187 005

Tidal: The Barrel is assessable two hours down from high tide, but with a bit of cunning you can climb at most states of the tide. The Block is very tidal and only accessible at mid tide to low tide. Approach: Limited parking at the little hamlet of Millook **(GR, 185 000)**, please park considerately not blocking the road. At the bottom of the big hills is a small gate which leads onto the beach. At the far right-hand side you will find the Barrel coming out of the cliffs and under cut along its base, while the Block and Tuther Block can be seen on the left as isolated blocks.

Descents: The best decent from The Barrel is above Cheesy route where you will find a large ledge sloping down to the beach. The Routes on right-hand side are descended by following a small exposed ledge leftwards to the top Cheesy route and down. The Block seems to be a totally isolated block with no apparent way down, but you can drop a rope down the west side tie it to the big thread and abseil off.

Foxhole Barrel

Climbs are described from right to left.



- 1. Fringe 10 meters severe
- 2. Greenz 10 meters severe

3. Packet Pointers 12 metres severe

Start below the large roof, follow the groove to the roof then traverse right on to big holds then follow the slab direct to the top.

Direct start 4a Climb the bulge and blunt arête direct to the top slab. $FA\ Hannah,\ Mosseee\ 2001$

4. Keep It Real 12 metres E3 6b

Up the easy slab to the obvious crack in the roof, awkward aid moves in to the niches then free to the top. $FA\ Mosseee\ 2001$

5. Rick's tricks 12 metres severe

At the left-hand end of the big roof is small quartz bulge, climb this direct followed by the slab above. $FA\ Hannah\ Woolley,\ Louise\ 2001$

6. Easy route 12 metres Diff

Start 8 feet left of the pervious route, climb through a small alcove and head towards a small groove then the top. FA Hannah, Mosseee 2001

7. Cheesy Route 12 metres V Diff

Start 6 feet left of the previous route under a small roof. Climb this direct, move slightly left and follow a small groove rightwards to the top.

FA Hannah, Mosseee 2001

8. Nice one brother 12 metres V Diff

Start below a prominent roof, climb directly up to it then traverse right out on to the wall then direct to the top via a small groove.

Direct Start 4a Climb the bulge direct to join the original route at the right-hand end of the roof.

FA Hannah, Mosseee 2001

9. Greyhound 13 metres HVS 5b

Start in the same place as nice one Brother But move left and across the roof to a big jug on the lip, surmount this strenuously then follow the wall to the top.

FA Hannah. Mosseee 2001

10. Dunit 14 metres VS 4c

Start 3 Feet left of a small blowhole climb onto the impending wall which leads left to a small ledge climb direct to the top. $FA\ Hannah,\ Mosseee\ 2001$

Soled it 14 metres severe 4a

Start 8 feet left of Dunit and head towards an orange patch of rock, climb this awkwardly onto a big ledge then follow the big crack to the top.

FA Hannah, Mosseee 2001

Flippin Eck 12 metres V Diff

Start 3 feet left of Soled It (below a small groove) climb this awkwardly to a large sloping ledge, and then climb the short leaning quartz wall to the top.

FA Hannah, Mosseee 2001

Opposite Rick's Tricks is a substantial boulder with some wicked powerful bouldering ranging from 4b-6b.

Tuther Block

Tuther block has two main faces, one steep side and a smaller more mellow side. The climbing is more like bouldering but slightly higher with horrible landings.

Block Rock 6 metres V Diff

On the right-hand side of the block is a small triangle wall, follow this upwards to the arête then the top. $FA\ Mosseee\ 2001$

$\mathbf{Cock}\ \mathbf{Rock}\ 10\ \mathrm{metres}\ \mathrm{HVS}\ 4\mathrm{c}$

The arête on the south side of the block is followed on the left-hand side in its entirety. $FA\ Mosseee\ 2001$

The Block

South-side

The routes on the south side have steep starts and slabby finishes.

Bust a Move 13 metres E1 5b

Start left of the arête on a steep black slab by a groove move capped by a black roof.

Follow this to the roof and out leftwards along a ragged crack.

FA Hannah, Mosseee 2001

Rusty 13 metres El 5b

Start 10 feet left of Bust a Move. After a steep start through the roof, follow the steep slab to the top. FA Hannah, Mosseee 2001

Right Rusty 13 meters E1 5b

Follow the left side of the right-hand arête. Escapade but good.

FA Hannah, Mosseee 2001

West-side

This is the steepest side with bold strenuous climbing.

Millooky Likey 12 meters E1/2 5c

The steep arête left of Pushing Millook. A tricky start with poor landing leads to easier climbing on the arête, climbing the steep side most of the way until a step left at the top and finish up the slabby side.

FA Simon Young, Dan and Dave June 2002

Pushing Millook 12 meters E4 6b

25ft The centre of the wall. An unprotected start leads to the half height ledge (arrange gear). The tricky wall above leads to the top.

FA Simon Young, Dan and Dave June 2002

Crystal Wall 12 metres El 5b

8 feet left of the arête is a large patch of quartz. Follow the jugee line leftwards to a faint break, then make a long move up and right to an exciting finish.

FA Hannah, Mosseee 2001

Eastside

This is the slabby side first seen when approach from the barrel. All routes are described from right to left

Off the Edge 10 metres Severe

On the left-hand side of the slab is an arête, follow this to the top.

FA Hannah, Mosseee 2001

Bird Boy 11 metres Severe

Step off the big boulder and climb the slab heading for the faint crack line to the top.

FA Hannah, Mosseee 2001

Pie Boy 11 metres MVS 4b

This is a contrived line between Bird Boy and Custard Point, climb the slab to its highest point. Custard Point 13 metres V Diff follow the left-hand arête to the top.

FA Hannah, Mosseee 2001

Opposite the slab is a large boulder with some superb bouldering ranging from 4a-6b. One of which starts in the low cave by a small jutting ledge, this involves a rock-over and a delicate slab to finish.

North-side

This side is at a very pleasant angle relying on good footwork and a steady head.

Close to the edge 13 metres HVS 5a

Start on the big jug at the right-hand side of the cave; levitate to the next jug in the second break. Then climb the wall above using the arête when needed.

FA Hannah, Mosseee 2001

Boneless 13 metres VS 4c

The central crack line is followed to the top with out using the left-hand crack line.

FA Hannah, Mosseee 2001

Shove It 10 metres Severe

The ramp line on the left-hand side of the wall is followed to the top using the arête.

Variation HS 4a. The same route without the arête.

FA Hannah, Mosseee 2001