

# Rumps North

**GR.** 993 812. Non tidal but swell can affect the whole area.

From Wadebridge, head for Polzeath and just before you head down into the village take a right turn to new Polzeath on a corner.

Follow the road until you come to a caravan site Lundyant on the left. Directly opposite (right) there is a small farm track leading to Pentire glaze take this and follow it past a couple of farm cottages and a small national trust car park.

Right at the end of the track you will come to Pentire-glaze farm you can park here but a pound in the box provided, this is cheap for a Cornish car park!

Follow the well marked path to a gate leading on to the coast path, turn right and follow the track out to the big headland. Follow the track between two large hillocks till you reach a small bay, on the left is a tower of rock separated from the main land by a small channel, to the left is a small pinnacle of rock. This is the best place to leave yer sack and the crag can be found in front of it. The first route can be found on the rocks just above you.

## **Body Shock** VS 4c

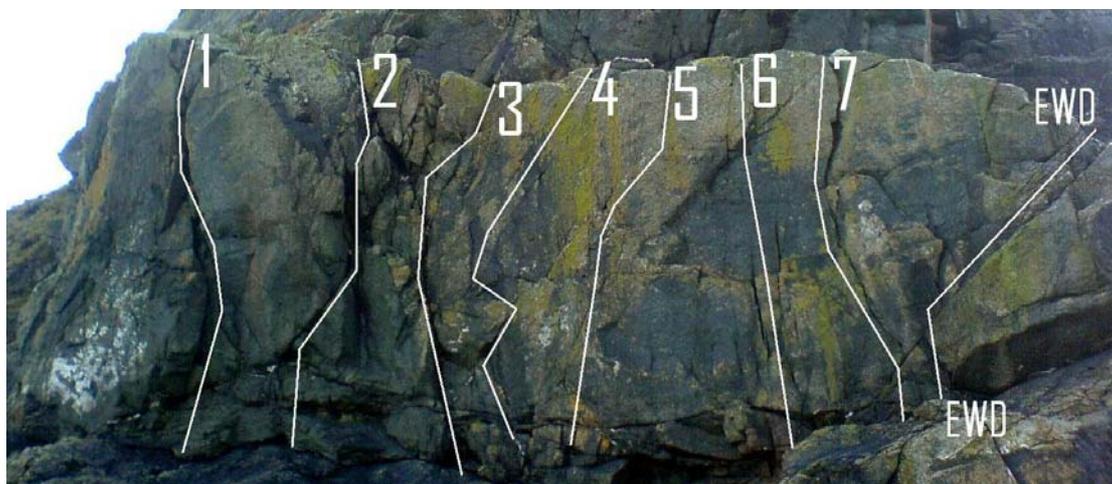
Climb the strange groove to block belays.

*FA 10/2/08 Mossee, G Candolin, Hannah Woolley*

Most of the routes have been done before. Team Phil Mathews and James Hoskins were very active in this area not only personal but professionally as well (they used to bring groups here under instruction). So all the first ascent details are first recorded ascents.

## *Lower*

The best approach is down the slabby rock down and left (looking seaward) till you come to a deep gully. Either abseil down this or scramble on down (can be tricky if wet). The lower section is found below the half way ledges.



### **1. Rayon Vert** S 4a

The large crack.

*FrA 1998 Mossee, Hannah*

### **2. Regular** S 4b

The open crack groove finishing left of the next route.

*FrA 1998 Mossee, Hannah*

### **3. Bulls on Parade** S 4a

Follow a steep juggy crack to an alcove. Step right and to the top of the groove.

*FrA 1998 Mossee, Hannah*

### **4. Riding Parallel** HS 4b

Follow the parallel crack to the top.

*FrA 1998 Mossee, Hannah*

**5. Pocket full of shells HS 4c**

Use the parallel ramp for your hands.

*FrA 1998 Mossee, Hannah*

**6. Goofy HS 4a**

Follow thin cracks up the wall.

*FrA 1998 Mossee, Hannah*

**7. Nice Crack S 4a**

Aim for the lovely looking flake crack, follow it.

*FrA 1998 Mossee, Hannah*

## *Upper*

This section can be started from the half way ledges or use a pitch on the lower bit to prolong the experience. More rock can be found to the left (facing the crag) this is probably best left to the amazing powers of Gaia (mother nature) as there's a lot of amazing lichens and mosses that deserve space.



**1. Pass the Duchy HS 4b**

An awkward start lead to shallow grooves to the top. Some loose rock.

*FrA 1998 Mossee, Hannah*

**2. PHM HVS 5a**

A little eliminate but good if the line is followed. A tricky start soon leads to a small slab, step up onto the steep wall and finish direct avoid steeping left.

*FrA 1998 Mossee, Hannah*

**3. Nice Rump S**

The large groove system on the right. A few different finishes.

*FrA 1998 Mossee, Hannah*

**4. Oskins Orror Show HVS 5a**

Over the roof finish up cracks to a ledge and then to the top.

*FrA 1998 Mossee, Hannah*

**Duchy Add E2/3 5b**

Step over the deep gully on to the steep face. Move up and left to a brake (gear) follow cracks strenuously to the top.

*FrA 1998 Mossee, Hannah*